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SHORT COMMUNICATION

Phenolic constituents from the fruit juice of *Flacourtia inermis*

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A chemical investigation of the fruit juice of *Flacourtia inermis* furnished five caffeoylquinic acid derivatives: methyl chlorogenate (**1**), methyl 5-*O*-caffeoylquininate (**2**), methyl 4-*O*-caffeoylquininate (**3**), *n*-butyl chlorogenate (**4**), *n*-butyl 5-*O*-caffeoylquininate (**5**) and a rare phenolic glucoside (*rel*)-6 α -benzoyloxy-1 α ,2 α -dihydroxy-5-oxocyclohex-3-enecarboxylic acid 2-(6-*O*-benzoyl- β -D-glucopyranosyloxy)-5-hydroxybenzyl ester (**6**), together with quinic acid (**7**) and malic acid (**8**). Compounds **1**, **2**, **4** and **5** showed strong radical scavenging properties towards the 2,2'-diphenyl-1-picrylhydrazyl radical.

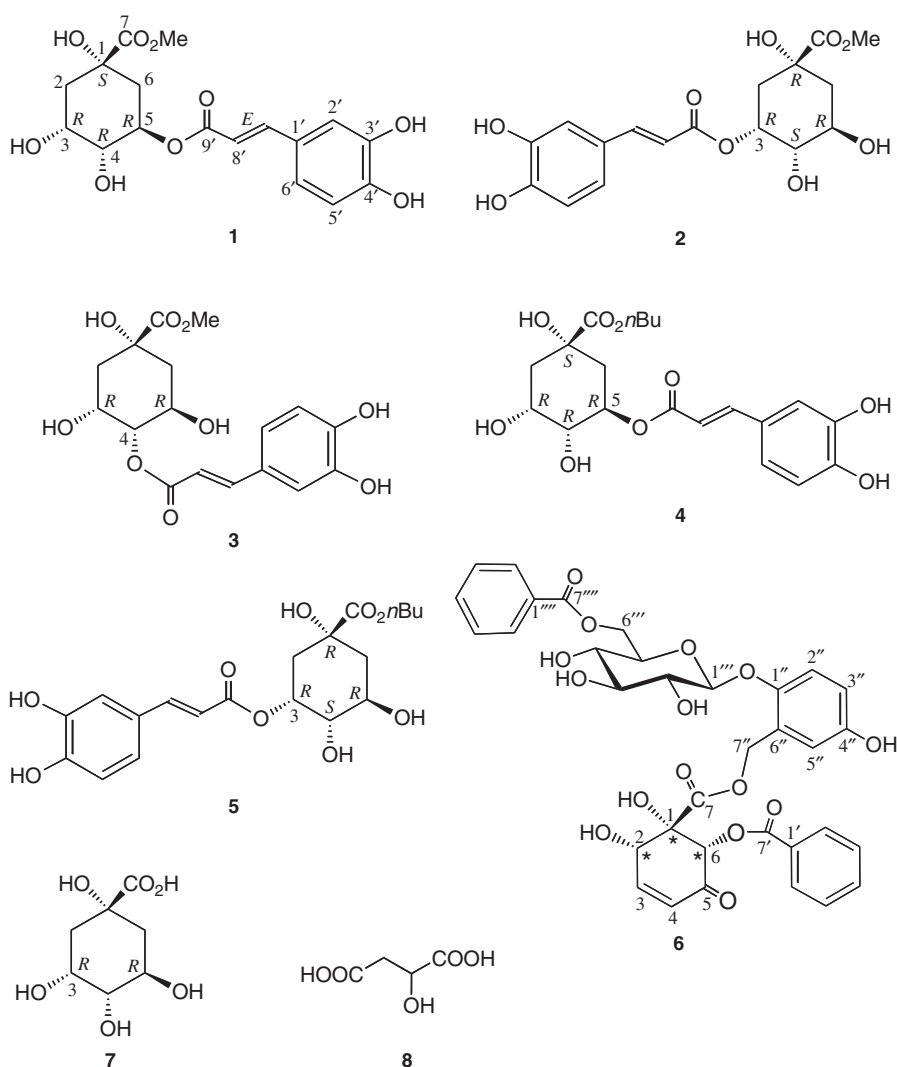
Keywords: *Flacourtia inermis*; Flacourtiaceae; chlorogenic acid esters; phenolic glucoside; antioxidant activity; DPPH

1. Introduction

In a continuation of our research work on search for biologically active compounds from Sri Lankan plants, this investigation is carried out on the fruits of *Flacourtia inermis* Roxb. *F. inermis* (Sri Lankan name: Lovi) of the family Flacourtiaceae is a tree of moderate size, growing in Sri Lanka. Its red-coloured fruits are edible and very popular in Sri Lanka. Antifungal activities of the acetone extract of *F. inermis* against some human opportunistic pathogens have been reported (Shibumon & Benny, 2010). There are two *Flacourtia* species, *F. inermis* and *Flacourtia indica*, available in Sri Lanka (Ashton et al., 1997). Recently, we have reported a new glucoside ester flacourside, 4-oxo-2-cyclopentenylmethyl 6-*O*-(*E*)-*p*-coumaroyl- β -D-glucopyranoside together with known 6-*O*-(*E*)-*p*-coumaroyl- β -D-glucopyranose and its methyl glucoside from the *n*-butanol extract of the fruit juice of *F. indica* (Amarasinghe, Jayasinghe, Hara, & Fujimoto, 2007). In this article, we report the isolation and structure elucidation of five caffeoylquinic acid derivatives **1–5** and a rare phenolic glucoside (*rel*)-6 α -benzoyloxy-1 α ,2 α -dihydroxy-5-oxocyclohex-3-enecarboxylic acid 2-(6-*O*-benzoyl- β -D-glucopyranosyloxy)-5-hydroxybenzyl ester (**6**) together with quinic acid (**7**) and malic acid (**8**) (Figure 1) from the fruit juice of *F. inermis* and their antioxidant activities towards the 2,2'-diphenyl-1-picrylhydrazyl (DPPH) radical.

Antioxidants are compounds that can delay or inhibit the oxidation of lipids or other molecules by inhibiting the initiation or propagation of oxidative chain reactions (Velioglu, Mazza, Gao, & Oomah, 1998). Antioxidants are important in the prevention of human diseases such as Alzheimer's disease, ageing, and diabetic rheumatoid

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arthritis, cataracts. The harmful actions of free radicals can be reduced by antioxidants. Earlier, scientists have paid attention to the natural compounds such as vitamins C, E and carotenoids, and during the recent years, the powerful antioxidant capacity of phenolics aroused more interest. Antioxidants are also of immense interest to health professionals as they may help to protect the body against damage caused by reactive oxygen species (Shahidi, Janitha, & Wanasundara, 1992). Free radicals can result in food sourness, oil rottenness and most industrial product ageing. Butylated hydroxytoluene (BHT), butylated hydroxyanisole (BHA) and *tert*-butylhydroquinone are extensively used as antioxidants at present, in order to reduce the harm caused by free radicals (Tepe, Eminagaoglu, Akpulat, & Aydin, 2007). Synthetic antioxidants such as BHA and BHT have restricted uses in food as they are reported to be carcinogenic (Ito, Fukushima, & Tsuda, 1985). Hence, it is very important to search for human-friendly

natural antioxidants. It is well known that the diet rich in fruits and vegetables significantly reduced the incidence and mortality rates of cardiovascular diseases and certain cancers in the human.

2. Results and discussion

A preliminary screening of antioxidant properties of EtOAc and the *n*-butanol extracts from the fruit juice of *F. inermis* using a TLC bio-autography method (Takao, Kitatani, Watanabe, Yagi, & Sakata, 1994) revealed that both the extracts are active. Chromatographic separation of the combined EtOAc and the *n*-butanol extracts furnished compounds **1–8** (Figure 1).

Compounds **1–5** were identified by spectral analysis including 2-D NMR as methyl chlorogenate (**1**) (Zhu, Dong, Wang, Ju, & Luo, 2005), methyl 5-*O*-caffeoylquininate (**2**) (Zhu et al., 2005). This compound should be named ‘methyl 3-*O*-caffeoylquininate’ according to the proposal by Rumbero-Sanchez and Vazquez (1991). We use ‘methyl 5-*O*-caffeoylquininate’ in this article, since the trivial name has been used even in the recent papers. The carbon atoms of the cyclohexane ring in Figure 1 are numbered according to the International Union of Pure and Applied Chemistry system that was adopted by Rumbero-Sanchez and Vazquez (1991); methyl 4-*O*-caffeoylquininate (**3**) (Zhu et al., 2005), *n*-butyl chlorogenate (**4**) (Corthout, Pieters, Claeys, Berghe, & Vlietinck, 1992) and *n*-butyl 5-*O*-caffeoylquininate (**5**) (Zhang et al., 2001). Compound **6** was characterised similarly as a rare phenolic glucoside (*rel*)-6 α -benzoyloxy-1 α ,2 α -dihydroxy-5-oxocyclohex-3-enecarboxylic acid 2-(6-*O*-benzoyl- β -D-glucopyranosyloxy)-5-hydroxybenzyl ester, which has been isolated from *Homalium longifolium* of the family Flacourtiaceae (Shaari & Waterman, 1995). Compounds **7** and **8** were identified as well-known quinic acid (He & Liu, 2006) and malic acid (Nilsson et al., 2004), respectively, by spectral means. The general experimental procedures and the physico-chemical, NMR and FAB-MS data of compounds **1–6** are listed in the supplementary material.

The antioxidant properties of **1–8** were evaluated against DPPH radical spectrophotometrically according to the procedure reported previously (Burtis & Bucar, 2000; Cuendet, Hostettmann, Dyatmiko, & Potterat, 1997) and expressed in terms of IC₅₀ values ($\mu\text{g mL}^{-1}$, concentration required to inhibit the DPPH radical formation by 50%). Our results indicated that compound **1** ($5.1 \mu\text{g mL}^{-1}$), **2** ($3.1 \mu\text{g mL}^{-1}$), **3** ($25 \mu\text{g mL}^{-1}$), **4** ($4.4 \mu\text{g mL}^{-1}$), **5** ($4 \mu\text{g mL}^{-1}$), **6** ($12 \mu\text{g mL}^{-1}$), **7** ($>125 \mu\text{g mL}^{-1}$) and **8** ($>125 \mu\text{g mL}^{-1}$) have shown antioxidant activities in comparison with the antioxidant properties of positive controls, ascorbic acid ($3.1 \mu\text{g mL}^{-1}$) and BHA ($3.5 \mu\text{g mL}^{-1}$). Compounds **1**, **2**, **4** and **5** exhibited antioxidant activities nearly comparable to those of ascorbic acid and BHA in this assay.

3. Conclusions

The strong antioxidant activities observed for compounds **1**, **2**, **4** and **5** suggested that the fruits of *F. inermis* greatly benefit humans, as a rich source of natural antioxidants.

Supplementary material

Experimental details relating to this article are available online.

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