



# Proceedings of the YOUNG SCIENTISTS' CONFERENCE ON MULTIDISCIPLINARY RESEARCH

VIRTUAL INTERNATIONAL CONFERENCE

# 2025



Organized by  
The Young Scientists' Association  
National Institute of Fundamental Studies, Sri Lanka.

## Antioxidant, cytotoxic and phytotoxic activities of methanolic leaf extract of *Bombax ceiba* L. and *Anisomeles indica* L.

S.A.R.N. Subhasinghe<sup>1</sup>, S.A.D. Chathurangi<sup>1</sup>, D.S. Jayaweera<sup>1</sup>, K.G. Nelum P. Piyasena<sup>1\*</sup>,  
N.K.B. Adikaram<sup>1</sup>, L. Jayasinghe<sup>1</sup>

<sup>1</sup>National Institute of Fundamental Studies, Kandy, Sri Lanka

\*nelum.pi@nifs.ac.lk

*Bombax ceiba* L. (Katuimbula) and *Anisomeles indica* L. (Yakwanassa), two medicinal plants traditionally used in Sri Lanka, were evaluated for their in vitro biological activities. Methanolic extracts were prepared from healthy, air-dried leaves and assessed for antioxidant, cytotoxic, and phytotoxic properties. Antioxidant activity was determined using the 2,2-diphenyl-1-picrylhydrazyl (DPPH) radical scavenging assay and the Ferric Reducing Antioxidant Power (FRAP) assay. Cytotoxicity was evaluated via the brine shrimp (*Artemia salina*) lethality assay, while phytotoxicity was assessed using the lettuce (*Lactuca sativa*) seed germination assay. *Anisomeles indica* exhibited high antioxidant potential with an IC<sub>50</sub> value of  $37.71 \pm 2.18 \text{ mg L}^{-1}$  in the DPPH assay, compared to *B. ceiba*, which showed an IC<sub>50</sub> of  $162.13 \pm 5.54 \text{ mg L}^{-1}$ . Both extracts were less potent than the positive control, ascorbic acid (IC<sub>50</sub> =  $7.90 \pm 0.10 \text{ mg L}^{-1}$ ). In the FRAP assay, *A. indica* displayed a higher reducing capacity ( $683.06 \pm 1.25 \text{ } \mu\text{mol Fe}^{2+} \text{ g}^{-1}$ ) than *B. ceiba* ( $353.06 \pm 8.16 \text{ } \mu\text{mol Fe}^{2+} \text{ g}^{-1}$ ), although both values were lower than the reference compound Trolox ( $1260 \pm 0.01 \text{ } \mu\text{mol Fe}^{2+} \text{ g}^{-1}$ ). In the brine shrimp lethality assay at  $1000 \text{ mg L}^{-1}$ , *B. ceiba* exhibited  $70.14 \pm 7.64\%$  mortality, indicating moderate cytotoxicity, while *A. indica* showed  $35.42 \pm 2.08\%$  mortality. These values were significantly lower than the cytotoxic effect of the positive control potassium dichromate (LC<sub>50</sub> =  $7.97 \pm 0.97 \text{ mg L}^{-1}$ ). Phytotoxicity results indicated minimal to no inhibitory effects on lettuce seed germination. *B. ceiba* demonstrated root and shoot growth stimulation, with inhibition values of  $-12.50 \pm 1.54\%$  and  $-25.92 \pm 2.34\%$ , respectively. *A. indica* showed a moderate root inhibition of  $27.09 \pm 16.70\%$  and a slight stimulatory effect on shoot growth ( $-10.79 \pm 18.83\%$ ). In conclusion, *Anisomeles indica* exhibited notable antioxidant activity and mild cytotoxicity, suggesting potential as a natural antioxidant source. Further phytochemical studies and in vivo evaluations are warranted to isolate active constituents and assess their therapeutic potential.

**Keywords:** Brine shrimp lethality, dpph, frap, seed germination.