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Bioactivity of methanolic extract of Piper longum

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Piper longum L ('Long Pepper') holds a significant place in traditional medicine due to its medicinal properties. This study focuses on investigating the medicinal potential of methanolic crude extracts from fruits, leaves, and roots of P. longum. The dried and ground samples of fruits, leaves, and roots were separately subjected to a 24-hour reflux with methanol. The crude extracts were evaluated for antioxidant activity (2,2-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging assay), α -amylase inhibition assay, α -glucosidase inhibition potential and phytotoxicity (lettuce seed germination assay). IC_{50} values obtained from the DPPH radical scavenging assay of roots, fruits, leaves and positive control (ascorbic acid) were 462.11 ± 9.38 mg L⁻¹, 769.83 \pm 8.66 mg L⁻¹, 931.28 \pm 4.02 mg L⁻¹, 6.11 \pm 0.1 mg L⁻¹ respectively. In α -Amylase inhibition assay, the IC₅₀ values observed were: leaves; 534.26 ± 6.83 mg L⁻¹ roots; 1258.43 ± 9.46 mg L⁻¹ and fruits; 2212.07 ± 2.92 mg L⁻¹. Acarbose was used as the positive control in both α -amylase (IC₅₀ 62.87 ± 7.62 mg L⁻¹) and α -glucosidase (IC₅₀ 74.44 ± 10.05 mg L^{-1}) assays. The α -Glucosidase inhibition assay revealed IC₅₀ values for leaves (3940.12 ± 4.72 mg L⁻¹), roots (6110.31 \pm 18.45 mg L⁻¹), and fruits (7014.72 \pm 12.83 mg L⁻¹). Phytotoxicity assessments for shoot inhibition resulted in IC₅₀ values of 1224.23 mg L⁻¹ for fruits, 1623.55 mg L⁻¹ for roots, and 2977.5 mg L⁻¹ for leaves. Root inhibition assays yielded IC₅₀ values of 1311.2 mg L⁻¹ for fruits, 1843.82 mg L⁻¹ for roots, and 4086.29 mg L⁻¹ for leaves. These results were compared to the positive control, abscisic acid, which showed IC_{50} values of 0.99 mg L⁻¹ for root inhibition and 1.11 mg L⁻¹ for shoot inhibition. Considering the IC₅₀ values obtained for the methanolic extracts of P. longum, it can be concluded that P. longum leaf-extract is showing a mild antioxidant and α -amylase inhibition potential.

Keywords: Antioxidant activity, α -amylase inhibition, α -glucosidase inhibition, Piper longum, phytotoxicity