



INTERNATIONAL RESEARCH CONFERENCE IN HEALTH SCIENCES 2022

***Research and innovations for the
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Book of Proceedings

31st March 2022

**Faculty of Allied Health Sciences
University of Sri Jayewardenepura**

OP 12

Upregulation of the olfactomedin 4 gene enables the disease progression in chronic kidney disease patients

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Background: Olfactomedin 4 is a glycoprotein encoded by the gene, *OLFM4* and found in various tissues including pancreatic β -cells. It involves various pathways of innate immunity, inflammation, and malignancies. However, the clinical significance of its expression in Chronic Kidney Disease (CKD) was not studied so far.

Objective: To identify the *OLFM4* gene expression in CKD patients with comorbidities of diabetes (DM), hypertension (HT), and other causes (O) and its association with disease progression.

Methods & Materials: Total RNA was extracted from the urine samples of the study population (n=43): CKD + DM (n=8); CKD + HT (n=16); CKD + DM and HT (n=7); CKD + O (n=6), and healthy volunteers (n=6). Reverse transcription-quantitative polymerase chain reaction was carried out using gene-specific primers. Normalization was carried out using reference gene, β -2 microglobulin, and Fold Changes (FC) were calculated using the relative quantification method. *OLFM4* expression in early (n=15) and late-stage of CKD (n=23) was also analyzed irrespective of the etiology. Log₂normalized fold changes were compared with existing biomarkers: serum creatinine and estimated Glomerular Filtration Rate (eGFR) of CKD.

Results: *OLFM4* gene was upregulated at 10.47 ± 2.62 -fold in CKD patients while the highest upregulation was found in CKD patients with both DM and HT (FC: 12.26) compared to other study categories. However, the upregulation of *OLFM4* was significantly high in the late-stage of CKD than the early-stage ($p < 0.05$). *OLFM4* expression in CKD subjects poorly correlated with serum creatinine ($r = 0.22$; $p > 0.05$) and eGFR ($r = 0.015$; $p > 0.05$).

Conclusion: Both diabetes and hypertension enhance the expression of the *OLFM4* gene and it could be used as a candidate biomarker for CKD progression. However further validation is required with more samples before clinical application.